

BLOSSOM BOX

— GAMES —

Game Like a Girl: How to Get into Gaming as An Adult Woman

Life as a gamer girl can be tough. Life as a non-gamer girl can be tougher.

Between expensive gaming consoles and infamously toxic voice chats, getting into video games with no background in them can seem impossible, but these four genres will help you game like a pro faster than you can say “Nintendo.”

And to cut some of the cost, all games recommended are available on the Nintendo Switch — because even if you don’t have one, you know someone with a Switch in the back of their closet.

1. Dating Simulator

Start with a dating sim. These seductive text-based games are pretty to look at and easy to play. Just read the dialogue and click on any response option you like to progress the plot.

There’s something here for everyone. For wholesome gameplay, try “[Best Friend Forever](#),” where dog-owners date other dog-owners and play with their pup during downtime. Or if you’re a little freaky, try “[Monster Prom](#)” — to date monsters.

2. Cozy Game

Cozy games and dating sims are interchangeable when starting out. If you want to turn your brain off instead of reading a script, cozy games are perfect.

For low stakes, “[Animal Crossing](#)” is your go-to — the first task on your to-do list is befriending your animal neighbors. For adventure, try “[A Short Hike](#)” and take a jaunt up to Hawk Peak to find cell reception.

3. **Platformer**

You’ve seen “[Mario](#)” and “[Kirby](#)” jumping around since you were a kid, and those classics are great starting places. They're built for all ages to help you practice switching between different controls for different games. For more adult themes, try “[Celeste](#),” a pixel art platformer about mental health.

4. **Action Games**

It’s time to turn up the difficulty! You’re ready for more engaging combat and a longer story, and “[The Legend of Zelda: Breath of the Wild](#)” is a perfect foray into action games because you play at your own pace. Either charge monsters head-on or leisurely explore the Kingdom of Hyrule.

If you still don't feel confident, a roguelite, like “[Hades](#)” or “[Cult of the Lamb](#)” is a great way to train yourself, as it’s a genre built around losing and getting better.

Game Over

After you get in your own gaming groove, branch out into genre-bending titles or play everything by creators you enjoy. Your experience is yours alone, so play the way that makes you feel best.